



## What We Do

We provide practical support before, during and after actions.

» [Legal Support](#)

» [Action Medics](#)

» [Other](#)

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### Legal Support

**GBC Legal acts against harassment and intimidation of protesters by the police and prosecutors.**

We are not a law firm. We recommend solicitors who have a track record of successfully defending people arrested at demonstrations and on actions.

Through '[Know Your Rights](#)' workshops and answering people's enquiries [prior to actions](#) we help make people more confident going into their actions.

*"They responded very quickly (pretty much instantly!) to our initial request for advice ... This was useful, especially since most of us had never done anything quite like this before."*

On protests, [legal observers](#) monitor policing and distribute legal advice [bustcards](#) to protesters. Having legal observers present lets protesters know that the actions of the police are being watched.

*"Building confidence is a huge part of facilitating disabled peoples protests, and having the legal observers alongside activists definitely has meant that many have participated who wouldn't have without them... the sight of their orange vests was a fantastic reassurance."*

When people are [arrested](#) or [assaulted](#), we work to gather [witnesses](#) and evidence helpful to their defences and cases against the police.

*"GBC Legal collates and preserves primary evidence, and locates eyewitnesses. These are the things that, quite simply, make the difference between a miscarriage of justice and acquittal."*

*"Later, GBC enabled many disparate protesters, including some who – like me – had never been arrested before, to meet others in a similar position and to share concerns and plans for a successful defence and media campaign."*

We help people's friends and groups to organise [support at police stations](#) following arrests.

*"Once again a million thank-yous to the girl that met us out of Peckham police station ... I will never forget the hug and the kind words that meant so much after 23 hours in a cell. It was totally unexpected and a very human"*



## What We Do

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*moment after so many hours of inhumanity and fear.”*

And later on, we support people who want to [take action against the police](#) for their mistreatment and abuses.

**In solidarity!**

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### Action Medics

**GBC Medics’ emphasis is to provide a solid basis for first aid and self-care.**

We are volunteers with varying levels of training, skills, and experience – ranging from basic first aid to full time practice in acute medicine across different specialities.

If you want to learn more, a good starting point is our guide to [Looking after your Health on Actions](#).

[Contact Us](#) if you would like to get involved in the Medics working group of Green & Black Cross.

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### Other

Other working groups come and go depending on demand. These are all groups that have previously been active in GBC.

If you are interested in re-starting one of these, email [gbc@riseup.net](mailto:gbc@riseup.net).

### GBC Kitchens

We last mobilised for the March 26th protests and managed to deliver a crate full of home made flapjacks to the 140 people being detained by police outside Fortnum & Masons.

Action Kitchens are set up to provide sustaining meals and/or snacks to people taking part in demonstrations, protests and direct actions. There are a number of existing kitchen groups such as [Anarchist Teapot](#) (Brighton), [Veggies](#) (Nottingham), and [Rampenplan](#) (Netherlands). There are also various places where [Food Not Bombs](#) groups are active and sometimes organise meals for protests.

Organising catering allows protests to last longer and for those involved to stay energised and active. This is an effective tactic used to counter attempts by police to frustrate and exhaust protesters, and ultimately suppress protest.

### GBC Toilets

Everybody has certain basic functions that need to be satisfied. The kitchens crew deal with one such need, the toilet crew with another. Whether finding yourself stuck in a kettle for hours on end or locked-on under a lorry for an indefinite period, you’ll be thankful if somebody has considered the need for toilet facilities.

GBC Toilets was set up to look at supporting protesters with toilet facilities. That might mean simply providing information or equipment, or it might mean having a team of people attend specific events with portable toilets.



## What We Do

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Mobile toilet facilities are particularly necessary when the police create kettles, preventing people from leaving the area for many hours. Despite having a duty of care for each person inside, the police regularly fail to provide basic amenities. GBC Toilets aims to make up for poo performance within the police command structure.

We have further information in our archives on designs of protest toilet – contact [gbc@riseup.net](mailto:gbc@riseup.net) if you are interested.