



# 'Know Your Rights' Workshop

Our 'Know Your Rights' workshop aims to give you the knowledge to combat repressive police tactics commonly used against protesters.

» [Find out when our next upcoming trainings are and register here](#)

**Officers often rely on the lack of legal understanding of those participating in protest. This interactive session will give you the tools to take action more confidently.**

We cover:

- [Our Key Messages](#)  
The most important thing you can take with you on a protest.
- [Police Tactics and Private Security](#)  
Who are these police liaison teams and what is their role?
- [Stop and Search](#)  
Understand the limits of what the police can search for and learn how to resist information gathering techniques used by officers.
- [What happens when I'm arrested](#)  
Your first arrest is always going to be difficult experience. We take you through the process and your rights in custody, to prepare you for the experience should it arise.
- [Laws commonly used against protesters](#)  
We'll put you in the shoes of a police officer on the hunt to make some arrests.

There is also space to ask questions, and we can tailor the workshop to your group ahead of a planned action.

Please note that our trainings are only relevant to England & Wales as the law is different elsewhere.

The workshop usually lasts around 2 hours. We run public online trainings fairly regularly, and also run these workshops on request. We ask that your group provide a venue if you request an in-person training, and that you have at least 12-15 people in attendance.

To request a 'Know Your Rights' workshop for your group, please [contact us](#).