



## 8. Media

**Some people wish to talk politically about their arrest in the media. We advise approaching this with caution.**

We suggest that media is done by groups on behalf of arrestees and not by named arrestees themselves.

Attaching your name to something could put you higher in the pecking order in terms of 'organising' as far as the police are concerned. This will place you under greater scrutiny. The police can and will monitor anything that's said and it can be used in court if it's public i.e. press release or a blog post.

Talk to a solicitor or to us before doing any media.