# How do I find out what information the police hold on me?

**The police record a variety of information, or ‘intelligence’ on people attending protests. This information is retained on databases and shared with other police forces, government institutions and, in some cases, private companies.**

**You do not need to have committed an offence to become a target for intelligence gathering, and by merely attending a demonstration your presence might be logged. Legal safeguards that limit who and what the police can record are virtually non-existent.**

**There is a mechanism in place that you can use to obtain information about yourself that the police hold in certain databases. This is known as a Subject Access Request.**

**This guide will help you make a Subject Access Request by telling you who to contact and what information to request.**

1. Why might I want to make a Subject Access Request?
2. What information might be stored on me, and by who?
3. Making a Subject Access Request