1. Health - including face masks

Many people are aiming to keep to social distancing when protesting. You should be aware however that police movements may make this difficult, and it is possible that police lines could prevent you being able to leave a situation, even if your health is threatened.

If you wish to avoid crowds but still support people taking action, you could help organise police station support. In most cases it should be possible to carry out this valuable role whilst maintaining social distancing (though we do not recommend this role to people who are high risk or shielding).

Facemasks & coverings

Many people are choosing to wear facemasks to protect themselves and others from infections.

The law around the wearing of face masks and other coverings has recently changed. Go to our page with guidance on face coverings.