



Workshops

We run regular workshops throughout the year. These usually take place in areas that have a regional GBC group, but we also train people in radical spaces such as direct action camps and occupations. We also run a training for trainers programme to help share our knowledge far and wide.

If you would like to get involved but aren't sure how you can best use your skills, have a read of our '[What we do](#)' section to learn more about what we do.

Attending any of our trainings will help you get a feel for what Green and Black Cross is all about and is the preferred way of getting involved.

Our workshops include:

- [How to become a Legal Observer](#)
- [How to become an Action Medic](#)
- [Know Your Rights](#)

We also offer training for [police station](#) and [court support](#).

» [Find out about and sign up for upcoming workshops](#)

If you're part of a group who would like us to run a workshop for you, [get in touch](#).

Our trainings are always free to the public and open to all, subject to a safer spaces policy.

Legal Observer Workshop

Legal Observers are an essential part of the support we provide at protests. Whether they're handing out key advice on bust cards, or finding witnesses for arrests, legal observers help to ensure that people protesting don't face the legal system alone.

You can read more about what a legal observer is in [this guide](#).

» [Find out about and sign up for upcoming workshops](#)

You'll often see legal observers at demonstrations wearing bright orange bibs marked "Legal Observer". Despite having no official status, legal observers have a role recognised by bodies from the Courts to the United Nations.

Our standard Legal Observer training is very comprehensive, covering:

- Police tactics
- Stop & Search law & procedure
- Arrestee support
- Police ranks & command structure
- How to provide good witnesses and nail inappropriate policing
- How to get more involved with GBC

If you're an experienced activist there will be parts you know already, but the depth we go into should give you more confidence and knowledge of how to deal with the police. Whether you're in a group or attending as an individual, this extensive training offers you



important skills to support activists.

The training lasts 4-5 hours, plus lunch break.

We aim to run Legal Observer workshops four times a year in London, and in other locations on request. To find out about upcoming trainings look at our [events](#) list and [contact us](#). You can also sign up to our announce email list to be notified about planned trainings.

'Know Your Rights' Workshop

Our 'Know Your Rights' workshop aims to give you the knowledge to combat repressive police tactics commonly used against protesters.

» [Find out about and sign up for upcoming workshops](#)

Officers often rely on the lack of legal understanding of those participating in protest. This interactive session will give you the tools to take action more confidently.

We cover:

- [Our Key Messages](#)
The most important thing you can take with you on a protest.
- [Police Tactics and Private Security](#)
Who are these police liaison teams and what is their role?
- [Stop and Search](#)
Understand the limits of what the police can search for and learn how to resist information gathering techniques used by officers.
- [What happens when I'm arrested](#)
Your first arrest is always going to be difficult experience. We take you through the process and your rights in custody, to prepare you for the experience should it arise.
- [Laws commonly used against protesters](#)
We'll put you in the shoes of a police officer on the hunt to make some arrests.

There is also space to ask questions, and we can tailor the workshop to your group ahead of a planned action.

The workshop usually lasts 1 – 2 hours. Generally, we run these workshops on request, and ask that your group provides the venue.

To request a 'Know Your Rights' workshop for your group, please [contact us](#).

Action Medic Workshop

We are currently unable to offer Action Medic training, we'll update this page when circumstances change.

This workshop is for those hoping to learn first aid skills relevant to protest and direct action scenarios.

» [Find out about and sign up for upcoming workshops](#)



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The training is aimed at people with at least some experience of these situations already, but you do not necessarily need to have already done first aid training before.

The usual weekend training format is Friday evening 7-9, Saturday 9.30-6.30 and Sunday 10-6.

What this course **is** and **is not**:

- This is a 20 hour street medic training.
- We will cover the majority of the basic information and skills you will need to provide first aid at protests and direct actions.
- This will not make you ready for everything.
- This course is a foundation in first aid and some practice. More diverse and deeper skill comes with time and practice as well as continuing education in health care. You are not a “real” medic until you are in the streets interacting with patients.
- We do not teach Cardiopulmonary Resuscitation (CPR). CPR is a great and sometimes necessary skill, but we do not cover it here due to time constraints.
- This is NOT a certificate course. You will receive no certifications or licenses of any kind. If you have a first aid certificate (such as First Aid at Work) this will not count as a refresher course.

Please only book a place if you can definitely attend all three days.